## Is it true that chiropractors do not prescribe medication or perform surgery?

Correct. Chiropractors do *not* include medication or surgery in their treatment program. Chiropractic is based on the fact that the body has a built-in capacity to restore health from within, and base their care on this principle.

Occasionally, the use of medication can interfere with the body's healing mechanisms, produce side effects, create dependence and lead to drug-caused disease or complications.

The first response in most illnesses and injuries should be conservative care. Chiropractic's principles make it possibly the safest and most appealing of the healing arts.

However, if Dr. Bahnemann feels your particular case would benefit from medication or surgery, she will suggest an appropriate referral or follow up with an MD, Physical Therapist, or other specialist.

Back to How can Chiropractic help me?