

What is the goal of chiropractic care?

Because chiropractic adjustments are primarily applied to the spine, many individuals incorrectly assume that chiropractors treat only back and neck ailments.

While we do quickly and effectively eliminate back and neck pain, it's not the only goal. The objective is to restore and optimize human health. In fact, according to a statement from The Association of Chiropractic Colleges, "The purpose of chiropractic is to optimize health."

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